

QSN Monthly Themes

2019-2020

<p>August Transition</p> <p><i>Goal:</i> Welcome new chapter members and support their successful transition to college. Prepare yourself to transition to campus life.</p>	<p>September Support Systems</p> <p><i>Goal:</i> Share strategies to build and maintain healthy relationships with peers, roommates, family, and mentors.</p>	<p>October Academic Success</p> <p><i>Goal:</i> Exchange tips about effective study habits, campus resources, and time management skills.</p>	<p>November Self Care</p> <p><i>Goal:</i> Develop habits that prioritize your physical, emotional, and mental wellbeing. Cultivate the support of your community and the resources that help you be at your best.</p>
<p>December Career Goals</p> <p><i>Goal:</i> Define broad career goals and look into summer opportunities. Strengthen your resume, networking skills, and professional online presence.</p>	<p>January Planning Ahead</p> <p><i>Goal:</i> Think about how your major and Career Goals fit into your broader post-graduation plans. Set 2020 goals that get you closer to those plans.</p>	<p>February Giving Back</p> <p><i>Goal:</i> Celebrate the impact of giving back by participating in National Service Month and form connections with the community around you.</p>	<p>March Finances</p> <p><i>Goal:</i> Share knowledge about Financial Aid forms and other funding resources for general academic costs, study abroad, or summer opportunities.</p>
<p>April Storytelling</p> <p><i>Goal:</i> Share stories and learning from the past academic year, reflect on your accomplishments and identity as a QuestBridge Scholar.</p>	<p>May Celebration</p> <p><i>Goal:</i> Congratulate yourself on overcoming challenges and completing a successful year! Enjoy your break and aim for a fulfilling summer.</p>	<p>June Appreciation</p> <p><i>Goal:</i> Take a step back to appreciate all the people in your community that supported you this year.</p>	<p>July</p> <p>No Theme. Connections is offline. Enjoy your summer!</p>