

QSN Monthly Themes

2016-2017

<p style="text-align: center;">August Transition</p> <p><i>Goal:</i> Welcome new members of the chapter and ensure their successful transition to school. Reflect on your identity as a QuestBridge Scholar.</p>	<p style="text-align: center;">September Support Systems</p> <p><i>Goal:</i> Talk about building and maintaining healthy relationships with peers, roommates, family, and mentors.</p>	<p style="text-align: center;">October Academic Success</p> <p><i>Goal:</i> Exchange tips about healthy study habits, campus resources, and managing stress.</p>	<p style="text-align: center;">November Career Goals</p> <p><i>Goal:</i> Begin creating broad career goals. Strengthen resume, practice networking skills, and build professional online presence to find the best summer opportunities.</p>
<p style="text-align: center;">December Mental Health</p> <p><i>Goal:</i> Educate the Quest community on mental health issues and provide resources to address them.</p>	<p style="text-align: center;">January Finances</p> <p><i>Goal:</i> Share knowledge about filling out FinAid forms, contacting the FinAid office, and other funding resources.</p>	<p style="text-align: center;">February Planning Ahead</p> <p><i>Goal:</i> Think back to your November Career Goals and how this will impact your major, as well as post-graduate plans such as graduate school or work.</p>	<p style="text-align: center;">March Giving Back</p> <p><i>Goal:</i> Spread the Quest spirit by giving back to the community around you.</p>
<p style="text-align: center;">April Admit Month</p> <p><i>Goal:</i> Welcome new QuestBridge Scholars to the campus and pass along helpful inside information.</p>	<p style="text-align: center;">May/June Celebration</p> <p><i>Goal:</i> Congratulate yourself on a successful year! Enjoy your break and take advantage of summer opportunities.</p>	<p style="text-align: center;">June/July Reflection and Looking Forward</p> <p><i>Goal:</i> Think back on the past year and use these reflections to solidify your Career Goals and plan for the upcoming year.</p>	